Date
То
This is to confirm that you are denying me a potentially life saving treatment (blood transfusion) unless I have a PCR test.
I am not sick and have no symptoms of Covid . On what legal grounds are you mandating that I have this test that cannot detect a live infection? This is an assault on my body and therefore I am entitled to give a valid consent to such a procedure and not be coerced by threatening to deny me treatment.
I put you on notice that you and those who demand this are personally responsible for any harm (including the payment of damages) that befalls me if you fail to provide me with the treatment I require.